MHOLEXON

Locally sourced, wholesome eats

GRAIN SOURDOUGH 9

Choice of: cashew cheese, peanut butter, seasonal chia jam, vegemite, no-tella (qfo, df, ve)

HUNTER RAISIN SOURDOUGH 10

almond & coconut ricotta, maple syrup (df, ve)

EGGS YOUR WAY 16

choice of fried, poached or scrambled eggs with grain sourdough and butter (gfo, df)

AVOCADO & CASHEW CHEESE 23

tomato, za'atar, avocado, cashew cheese, lemon, grain sourdough (gfo, ve)

O'S FRITTERS 23

corn, kimchi, avocado, poached egg, furikake, beetroot hummus, pomegranate, spinach, house ferments, sriracha mayo (gf, v)

CHILLI SCRAMBLED EGGS 24

miso mayo, spinach, mushrooms, house ferments, shallots, chilli oil, grain sourdough (gfo, df, v)

TOFU POKE 23

sticky tofu, kimchi rice, mushrooms, avocado, tomato, cucumber, lettuce, corn, sriracha mayo, furikake (qf, ve)

MEDITERRANEAN BOWL 24

fried eggs, tabbouleh, beetroot hummus, chilli oil, halloumi, za'atar, avocado, pomegranate, pita bread (gfo, df, v)

BREKKIE BURGER 17

grilled leg ham, fried egg, halloumi, mayo, house chutney, spinach, potato bun (gfo)

WOLLOMBI EGGS 25

slow cooked lamb, poached eggs, edamame, spinach, sriracha mayo, pomegranate, grain sourdough (gfo)

EGGS BENNY 25

salmon, poached eggs, dressed kale, capers, hollandaise, house ferments, grain sourdough (qfo)

PANCAKES 23

pistachio, mixed berries, chantilly, seasonal jam, nut butter, maple syrup (gf)

LAND & SEA 22

smoked salmon, dressed kale, house ferments, edamame, fennel, pomegranate, citrus, cashew dressing, mixed seeds (qf, df)

BURRITO BOWL 22

spiced beans, cashew cheese, corn chips, avocado, corn, tomato, cucumber, lettuce (gf, ve)

ACAI 17

açai, seasonal fruit, granola (gf, ve)
add peanut butter, no-tella, lychee +1 each

SIDES

eggs, salmon +7 each lamb, grilled ham, tofu +6 each shaved ham, avocado, halloumi +5 each mushrooms, grilled tomato, hollandaise +3 each

Coffee by Glee Coffee

black or white espresso, macchiato, piccolo batch brew filtered coffee on a rotating single origin + go bottomless hot chocolate, spiced chai matcha, turmeric. heetroot latte cold brew, iced latte. iced mocha, iced chocolate, iced chai iced matcha mont blanc

EXTRAS

lactose free caramel, vanilla, hazelnut 0.5 decaf, mua 1.0 extra shot 0.5

Tea by the tea collective

soy, oat, almond, coconut,

enalish breakfast wild earl grey blueberry sencha aingerbread chai ainaer zina chamomile

Smoothies

GRFFN 10

5.0

4.0

5 PP

8 PP

4.5

5.0

6.0

8.0

0.7

6.0

apple, spinach, banana, almonds, coconut water

MANGO TANGO 10

mango, mint, lemon, cashews. spinach, coconut water

TUTTI FRUITTI 10

pink dragon fruit, mango, banana, coconut water, coconut milk

TROPICAL 10

banana, mango, pineapple. passionfruit, greek yoghurt, milk

BREKKI 10

banana, honey, greek yoghurt, muesli milk

CHOC PB 10

banana, peanut butter, milk. chocolate whey protien,

FRUIT 10

greek yoghurt, milk, honey choice of 1: mango, banana. mixed berries or strawberry

Kids Menu

COCOA CRUNCH 6

served with choice of milk (gf)

MINI PANCAKE 9

no-tella, seasonal berries (af)

RAINBOW PLATE 12

mixed fruit, voahurt, honev

JOLLY JAFFLE 14

ham & cheese or cheese & avo

Kids Smoothies

MANGO MAGIC 8

mango, yoghurt, milk, honey

CHUNKY MONKEY 8

banana, voghurt, milk, honev

PINK PANTHER 8

strawberries, voahurt, milk, honev

Juices

OH SO SUPER GREENS 8

apple, cucumber, kale, spinach, lemon, mint and spirulina

PICK ME UP 8

orange, carrot, ginger, turmeric

RUBY TUESDAY 8

apple, lemon, raspberry, elderberry

JUST ORANGES 8

valencia oranges

